High School Athletes Successful After Graduation

Every year, schools are faced with defending expenditures for athletics and other activity programs – particularly in the past few years with the downward spiral in the economy. In some cases, these programs have been seen as a “luxury” item in the overall educational offerings of a school.

Fortunately, however, success stories continue to unfold that document the value of these programs in the nation’s high schools. While those students currently involved in high school activity programs generally earn better grades, have fewer discipline problems and learn the skills of teamwork, perhaps the most significant benefit comes years later as productive citizens in successful careers.

High school student athletes report that good competition teaches you to focus, set goals and develop the courage to go after your dream. Without taking that first step or having the courage to overcome your fears it’s not really possible to grow into the person you want to become and accomplish your goals. From another perspective high school sports teach students how to achieve success through hard work, and how succeeding as a team often exceeds the feeling of accomplishment obtained by succeeding as an individual.

It is well documented that in a time of life that can be very challenging for some individuals as they’re learning about themselves and trying so hard to fit in with peers, high school sports provide an opportunity to be involved. These student athletes feel like they belong with a group of people. It is from this point that a number of personnel interactive skills evolve that help individuals learn how to make good choices and develop strong bonds and ties for strong friendships. These skills translate well later in life to help student athletes become good workers who make good choices and develop good relationships at work and beyond.

In the end high school sports teach students that consistency, having a plan and outworking your competition equals success. This is a place where high school athletes use their participation as a springboard so years later they can become productive citizens in successful careers.